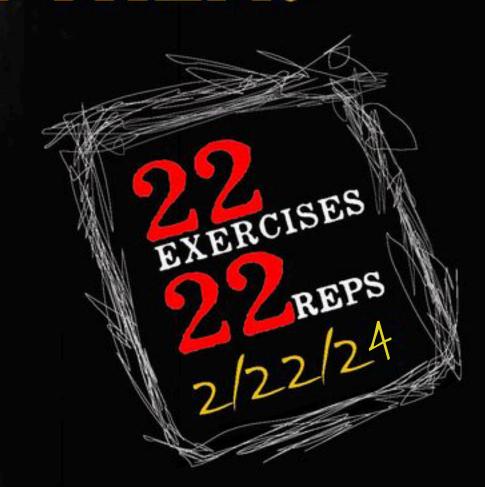
APPROXIMATELY 22 VETERANS A DAY DIE BY SUICIDE. JOIN US IN OUR FIGHT TO SAVE THEM.





Show our nation's heroes of all eras that they are not alone, Join us in the 9th Annual 22 WOD to End Veteran Suicide Challenge!



- \$22 suggested donation or \$35 w/tshirt
- At minute 22, moment of silence to recognize those who have lost the battle
- Open to Traditional Gyms, Boxing Gyms, I and workout facilities across the U.S.



- All donations go to help fund Honor and Courage's crisis line and Service Animal Support program for Veterans
- Create your own WOD in your city
- Contact us today for more information

TOGETHER WE CAN MAKE A DIFFERENCE.

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